**7.2.1 Best Practices 2022-23**

**Best Practice 1:  Health Awareness**

**Spiritual Health Awareness**

https://dhcollege.ac.in/event-details.php?id=304



**Goal**  
·         Awareness of the spiritual and psychological problems  
**Context**  
This year we decided to focus on an inevitable part of overall health i.e. spiritual health.

**Practice / mechanism of organization and implementation:**  
Dr. Bhavesh Kachhadiya and Dr Jignesh Kacha  discussed the psychological and spiritual aspects of health with studentson 21/07/22. .

**Evidence of success/ beneficiaries:**  
Students became aware of the lapse in mental and spiritual health and hygiene related issues.

**Problems encountered & resources required:**  
The only problem we face in this program is that students are not exposed to scientific and medical information related to psychological problems.

**Best Practice 2:  Contribution to Research**

**International Conference  
11/02/2023  
https://dhcollege.ac.in/event-details.php?id=526**



**Goal**  
·         To orient students and teachers towards research

**Context**  
The institute  organized an international conference on “Research & Research Methodology” on 11/02/2023.

**Practice / mechanism of organization and implementation:**  
There were inaugural, paper reading and valedictory sessions.

**Evidence of success/ beneficiaries:**  
The conference was attended by more than 600 participants.

**Problems encountered & resources required:**  
Due to a large number of participants, the parallel sessions were a little difficult but all arrangements were done by the organizers by overcoming hurdles.